

Family Time



Main Idea:

Be The Salt And Light To Others



Key Verse: Matthew 5:13-16

¹³ You are the salt of the earth. But if the salt should lose its taste, how can it be made salty? It's no longer good for anything but to be thrown out and trampled under people's feet. ¹⁴ You are the light of the world. A city situated on a hill cannot be hidden. ¹⁵ No one lights a lamp and puts it under a basket, but rather on a lampstand, and it gives light for all who are in the house. ¹⁶ In the same way, let your light shine before others, so that they may see your good works and give glory to your Father in heaven.



Set it Up:

To play this game you will need 10 straws cut into different lengths and a towel to use as a blindfold.

Pair up kids. Explain that one teammate will be blindfolded by the other. After being blindfolded, the other teammate will hand them 10 straws of different lengths. In one minute, they must line up the straws by height order. After one minute, switch so that the other teammate has a turn. Repeat the activity - this time with no blindfold.

Having light makes life so much easier. It makes an incredible difference. Jesus calls us the light of the world. We can help people see a better way to live and show who God is by living for Jesus and being lights.



Watch: Week 3 Video

Let's watch a short video that is going to help explain what being the salt and light to the world means.

This week's video is on the Playlist of the CBC YouTube channel or go to CBCFamily.net and click on [4G](#) for the video link.



Talk About It:

A lamp's purpose is to light up the darkness. But if we cover it up, the lamp can't serve its purpose. Similarly, our purpose as Christians is to shine the light of Christ into a dark world. If we somehow huddle inside our faith and don't share it with others, it is useless.

Does a candle lose any of its flame by lighting another candle? No! But when one candle is burning, it can start others and light up the whole room. Our responsibility as "light shiners" is to share the light, God's love, shining into a dark world.



Discussion Questions:

1. How can we communicate or demonstrate to others that we are light?
2. Where is there darkness around you? What would it look like to shine light into those places?
3. Why do you think people might hide their light?
4. What are some places or situations in your life where you may feel tempted to hide your light?



Pray:

Ask God to help you be **BOLD** in shining your light in those areas of your life.