



**Group Time**

ENCOURAGEMENT 1-on-1 (See page 2 for directions)

Y / N   
 Y / N   
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**LOOK BACK:**

*Point:* A little more is never the answer – unless it's more of God's kingdom.

- Share any changes you made to your God Time and/or Gathering Time.

**Question:** In 1988 Michael Jackson released a song titled "Man in the Mirror." Who can share the chorus lyrics?

**LOOK UP:** Watch this week's video on the 4G web page.

**Recap:** In chapter 7 of Matthew, Jesus continues focusing on our hearts and turns to our relationships with others. He addresses the human condition of hiding our true selves and relying on judging others to make ourselves seem better. This focus on others, holding them to a different standard, and thinking it's our job to fix them is frivolous at best. Jesus tells us to focus on fixing ourselves and to pursue godliness. When we focus on fixing ourselves and in turn show thankfulness and love to others, they will see our efforts and perhaps allow us to share why.

It's time to take off the mask and stop hiding who we are so we can begin fixing ourselves through confession, honesty, and commitment. On this side of heaven we will never achieve perfection, but we need to continue to grow and mature in Christ, loving others the way Jesus loved us.

**LOOK IN: Discussion**

How difficult is it to obey Matthew 7:1-2? Why is it so difficult?

We all get the plank stuff in Matthew 7:3-5 because we've all done it! But how would you explain 7:6 to a new believer?

Share about a time when someone, with whom you had little to nothing in common and even judged them, helped you through a difficult situation. How did it change your attitude towards them?

**LOOK FORWARD: Application**

*Point:* Get off your high horse and start doing for others what Jesus did for you.

**Take Off The Mask**

**Practice radical confession:** List your faults and own up to them. Try and fix them one at a time. Start with your top three. Make a plan for each and start with one this week.

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2. \_\_\_\_\_  
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3. \_\_\_\_\_  
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**Be honest with one person:** Who is that one person you can be totally honest with and will be the same with you? If you don't have someone, be intentional about cultivating relationships that can lead to trust and transparency. A great way to start is by forming a Women's Agape Group or Men's Fireteam. Learn more at [CBCFamily.net/groups](http://CBCFamily.net/groups).



**Make a commitment to not give up:** One of the best ways to make any change in our lives is to love others – to see them as made in the image of God. What is one activity you can do this week to show godly love to someone(s) whom you may not consider so lovable?

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Challenge yourself to get to know them while you do this. Ask about their life challenges. Offer to pray for them. Just listen and don't try to fix them. To help you, attend a **Mission2Share** training.