



Family Time

**Main Idea:
God's Strength In Us**



Key Verse: James 4:6

But he gives greater grace. Therefore he says: God resists the proud but gives grace to the humble.



Set it Up:

You will need 3 pieces of paper, one glass jar, a coffee can, or similar item.



Experiment:

Wrap one piece of copy paper around the jar and tape the ends together. Pull the paper cylinder off the jar. Do this a second time with another piece of paper. Now you have two paper cylinders.

Set the two cylinders 4 to 5 inches apart from one another. Place the third piece of paper on top of the cylinders.

Set the coffee can on the paper between the two cylinders. Before letting go ask the kids what they think will happen when you let go of the can. Let go of the can and see if they were right.

Now take the piece of paper that was sitting on the cylinders and fold it back and forth to corrugate it. Make the folds ¼ to ½ inches in width.

Put the corrugated piece of paper back on top of the two cylinders so that the pleats are going from one cylinder to the other. Set the can on the corrugated paper between the cylinders. Before letting go ask them the question of what they think will happen this time when you let go of the can.



Discussion:

Something was added to the paper when it was folded back and forth. What do you think was added to the paper? (Strength)

Read James 4:6 again. In your own words, what do you think this verse means?

What do you think represents "the proud" in our experiment? (The Can)

What represents God's grace? (The corrugated paper)

The straight paper did not have the strength it needed to hold up the can, just like we need God's grace and strength to be able to make it through each day. Let's pray today that God will give us His strength and grace each day to not be proud.