


Family Time
Main Idea:**God Loves Me Enough To Let Me Go Through Difficult Times**

Key Verse: James 1:2-3

² Consider it a great joy, my brothers and sisters, whenever you experience various trials, ³ because you know that the testing of your faith produces endurance.


Set it Up:

Make a bowl of popcorn the old-fashioned way. (If you don't have kernels to pop, microwave popcorn will also work; as even waiting a couple of minutes is a long time for a kid!) Stand by the stove or the microwave the whole time it is cooking. When it is done, do not give it out immediately. Let it cool for a couple of minutes.


Family Discussion:

Why is it so hard to wait? (*I want to eat the popcorn now; I am hungry; it takes too long; etc.*)

Read Galatians 5:22-23

²² But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, ²³ gentleness, and self-control. The law is not against such things.

Which of these might you need if you have a hard time waiting? (Depending on what translation of the Bible you use it might say patience, forbearance, or longsuffering.)

Patience is being able to wait without getting angry or upset. It can be very hard to be patient.

How do we get patience when we are having to wait or when we are going through a difficult time?

The Bible says trials (hard times) produce patience. No one likes difficult times, but James 1:2-3 says we should be glad to have difficult times because they can produce patience in us.



When do we need patience?

Waiting for something or going through a difficult time gives us a chance to learn and practice patience. It also shows us that God loves us enough to let us go through tough things so that we can grow in the fruit of the Spirit.

Pray together that God will help each of you use patience as you go through difficult times.

