



Family Time

Main Idea:
Commitment



Key Verse: Proverbs 4:26

Carefully consider the path for your feet, and all your ways will be established.

Get ready: You will need aluminum foil, an antiperspirant stick, a glass or metal bowl, ice, and some water.

Experiment:

Cut a piece of aluminum foil that is big enough to cover the top of the bowl. Across the center, run the antiperspirant in a line from one edge of the aluminum foil to the other. Keep rubbing until the line is about an inch wide.



Fill the bowl halfway with ice. Then, add cold water until the water level is about an inch from the upper rim of the bowl.

Cover the bowl with the piece of aluminum foil, antiperspirant side facing up.

Watch what happens to the foil. Where the antiperspirant is, the foil is dry, but the rest of the foil gets wet.



Ask:

What do you see on the foil?

What happened to the line of antiperspirant?



Discuss:

In the places where the antiperspirant was rubbed, the water beads did not form. It was a line safe from the moisture gathering on the foil.

Reread Proverbs 4:26. What is the path that we should stay on? God has a path for each of us. When we become a Believer, we begin to walk with God on that path. We the controlling power of sin behind us. As long as we walk with God – trusting and following what the Bible says – then our path will be free from the power of sin. There will always be sin around us. We will be tempted to be involved in things that would not please God. People will try to convince us that it is okay to try something that will not be what God wants for us. Just like the water beads were all around the antiperspirant path, sin will always be around us. God tells us to stay on the path where we are walking close to Him and we will be safe.

Pray:

You are calling us, Lord Jesus, to follow you. Help us not to look back or to our sides. But instead keep our eyes fixed on you. In your name, amen.