



## Family Time

### Main Idea: Trusting God



#### Key Verse: John 14:1

*“Don’t let your heart be troubled. Believe in God; believe also in me.”*

#### Ask:

Wouldn’t it be incredible to do amazing things? Fly? Trampoline into outer space? As we know from our Bible, our Savior didn’t need to imagine amazing things. He did amazing things.



When in doubt, remember to trust in Jesus, the Son of God. No matter what the weather – stormy, sunny, or cloudy with a chance of rain – Jesus’ power is timeless.

#### Create:

Create a paper airplane. Make a few different kinds. (If you need some creative ideas, go to YouTube and look up *paper airplanes* and watch a few videos. There are many unique ideas.)

After making your planes, have some fun flying them. Talk about how the wind and air pressure under the wings of the plane give it lift as it is flying.



#### Read:

Read Exodus 14:5-31

- How did Moses trust God?
- How did the Israelites trust God?
- How can we trust God as the Israelites did?

#### Prayer:

*Dear God, trusting You is hard. I have a hard time letting go and letting you take control. We need help releasing control to you. Help us grow in our trust in you. Amen.*

