

## Family Time



## Main Idea:

## Our Words Matter



## Key Verse: James 3:9-10

<sup>9</sup> With the tongue we bless our Lord and Father, and with it we curse people who are made in God's likeness. <sup>10</sup> Blessing and cursing come out of the same mouth. My brothers and sisters, these things should not be this way.



## Set it Up:

We should always use our tongues for helping others instead of hurting them, for telling the truth instead of lies, and for sharing the Gospel instead of spreading gossip. The power of the tongue can be destructive and it's important to know how to handle it when we start to lose control of our tongue and our words.

## Read:

Acts 27:13-26

## Ask:

- Where was Paul in the story? What happened while he was on the ship?
- How did Paul respond to his enemies? Do you think you would have responded the same way?

## Say:

Too often, we speak WAY before we think! More often than that, the words we speak do a lot of damage to others. Many people use their words to hurt people, spread lies, and share gossip.

How we use our words is VERY important. We can use words to hurt people or lift them up. Learning to control the tongue is one of the hardest things we can learn.



## Ask/Discuss:

- How do you usually use your words?
- Do you think you have a hard time controlling your words?
- How do you normally respond to people who hurt you?



## Pray:

Pray for your child if they have had a hard time controlling their tongue. Pray that God will show them how to use their tongue to help others instead of hurt them. Have your child write down some ways they can use their tongue the right way this week (i.e., compliment someone, tell the truth, tell someone about Jesus).