



Gathering Time (Sermon Outline)

Gathering Notes

Date: _____

Philippians 2:5-11

Philippians 2:3-4

The _____ of Jesus.

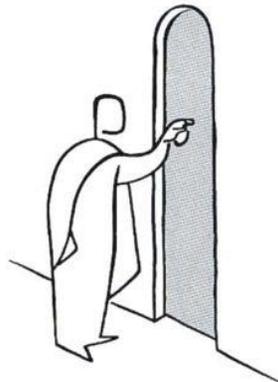
Philippians 2:5-8

John 1:1-3

The _____ of Jesus.

Philippians 2:9-11

What Is Your _____ to _____?



Series of horizontal lines for taking notes.

Example / Exaltation / Response, Jesus



Group Time

◀◀ LOOK BACK:

1. Each participant shares one praise and one prayer request. (Commit these to prayer for the coming week.)

2. ENCOURAGEMENT 1-on-1 (See last page for directions)

Y/N	Y/N	_____
_____	_____	

3. Review last week's lesson.

Share what happened when you tried to be selfless in a triggering situation. What did you learn?



LOOK UP:

Question: In the 1982 movie *Conan the Barbarian*, Conan was asked, "What is best in life?" He replied, "To crush your enemies, see them driven before you, and to hear the lamentations of their women."

When thinking of a particularly nasty group of people or situation, how many of you, especially the guys, are thinking, "Hmm, maybe Conan is on to something?"

1. Review your notes from the Gathering Time (Sermon).
2. **Context:** This week we Paul addresses Christ's example to, and the purpose for, His way of living. We need to strive to have the same mindset as Christ – to do all things with purpose and intentionality, to be capable, yet humble. Paul lets us know that while Christ was God, He made Himself a servant to man – in human likeness – to the point of sacrificing Himself for us.

This type of humility-in-strength is the greatest virtue. It's a virtue we should all seek, especially our men. We should be highly capable and ready to defend and defeat the barbarians, yet highly forgiving, caring, merciful, and life-affirming.

3. Discussion:

Read Philippians 2:5-11.

- Verse 5: How much power did Jesus have available to Himself while He walked with His disciples? (Keep in mind He healed disabilities and diseases, even raising the dead.)
- Verses 7-8: Knowing how much power Jesus had, how considerable was His humility?
- Verse 9: What does the word "name" here represent? (We know it's the name Jesus – verse 10 tells us so – but what does "name" represent?)
- Verse 10-11: There is some similarity here to what Conan longed for, but it is, obviously, very, very different. How does this difference give us insight into "the glory of God the Father?"



LOOK FORWARD: Application

Point: *Humility is one of God's greatest virtues. Without it, there is no grace or mercy.*

- Weakness is false humility; humility-in-strength is a virtue. What strengths do you possess that can be humbly used to serve others for the sake of Christ and bring glory to God?

- What is stopping you from putting your pride aside and showing "humility in strength" to those around you?

Start something new and next week share what you did.

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God Time Day 1: The Directive

Let's review a passage from last week.



Read Philippians 2:3-4.

³Do nothing out of selfish ambition or conceit, but in humility consider others as more important than yourselves. ⁴Everyone should look not to his own interests, but rather to the interests of others.

~~Cross out~~ what we should not do in both verses.



Circle what we are to do in both verses.

As we talked about in Week 6, this is a directive to obey. This week we will look at how Jesus is the ultimate example to help us and motivate us to love others with humility.

Do you know someone who lives out the passage above? Praise God for them. Consider reaching out to them and letting them know that they have influenced you for good. How might you bless them this week?

God Time Day 2: The Example to Follow



Read 1 Peter 2:21.

For you were called to this, because Christ also suffered for you, leaving you an example, that you should follow in his steps.

There is an old hymn with this chorus: *"Footprints of Jesus that make the pathway glow; we will follow the steps of Jesus where're they go."* The hymn goes on to describe where Jesus' steps might lead. Whether His footsteps lead to cold, dark mountains, fountains, the temple, or homes of the poor and lowly, it doesn't matter. Jesus is the example for us to follow and He will lead the way, staying with us all the while.



Where are His steps leading you?

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God Time Day 3: The Example of Jesus



Read Philippians 2:5-8.

⁵Adopt the same attitude as that of Christ Jesus, ⁶who, existing in the form of God, did not consider equality with God as something to be exploited. ⁷Instead he emptied himself by assuming the form of a servant, taking on the likeness of humanity. ⁸And when he had come as a man, he humbled himself by becoming obedient to the point of death—even to death on a cross.

Whose attitude are we to adopt? (v. 5) _____

In verse 5, we are told to adopt the *attitude* of Jesus. Then Paul explains how that looks.

Underline the words *"existing in the form of God."*

What did Christ assume the form of and take on the likeness of? (v. 7)



Circle the word *"humbled"* (v. 8). Then **put a box around** it. Then underline it. Seriously! We need to understand what Jesus did for us.

Look again at verse 6. Jesus *"existed in the form of God."* He was, is, and always will be God the Son. But He didn't take on flesh to exploit that equality with God the Father and use it for His own advantage. Instead, He *"emptied Himself."* He set aside His godly power to become fully human. While being fully God, He also became fully man. He did this to fulfill His purpose, to choose to give His life sacrificially as payment for the penalty that our sins deserve.



What will you choose to do differently today to adopt the attitude of selfless humility that Jesus demonstrated? (E.g., Not insisting on getting my way, serving someone else, acting with more humility toward God, etc.)

WEEK SEVEN: PHILIPPIANS 2:5-11

God time Day 4: The Exaltation of Jesus



Read John 17:5. *Now, Father, glorify me in your presence with that glory I had with you before the world existed.*

This is a part of Jesus’ prayer. God answered His prayer when Jesus was resurrected, ascended into heaven, and then glorified Him by returning Him to the Father’s right hand. Philippians tells us more about God the Father answering this prayer.



Read Philippians 2:9-11. ⁹*For this reason God highly exalted him and gave him the name that is above every name, ¹⁰so that at the name of Jesus every knee will bow—in heaven and on earth and under the earth— ¹¹and every tongue will confess that Jesus Christ is Lord, to the glory of God the Father.*

Because Christ was humble and obedient to the point of death, what did God the Father do? (v9)



Why? (Put verses 10 and 11 in your own words.)

Someday in the future (at a time no human can know), everyone will acknowledge that Jesus Christ is Lord. But this doesn’t mean that all humans will gain eternity with Him. For many, it will be too late, and they will be separated from Him forever. But for those who acknowledge Him now, in this life, by trusting in who He is and what He has done to save us from sin (Romans 10:9), we can join with God in exalting Jesus!

In Day 5, we will talk about our response to Him. For now, spend time praising Jesus for who He is and what He has done.

God Time Day 5: What Is Your Response to Jesus?



The Bible is full of accounts of men and women who respond to Jesus. Many respond the right way – by following Him – and we read in the New Testament many of their accounts for inspiration and motivation. But the real issue at hand is this: what is your response to Jesus?



Read Mark 1:16-18. ¹⁶*As he passed alongside the Sea of Galilee, he saw Simon and Andrew, Simon’s brother, casting a net into the sea — for they were fishermen. ¹⁷“Follow me,” Jesus told them, “and I will make you fish for people.” ¹⁸Immediately they left their nets and followed him.*

Jesus wants His disciples to fish for people, that is, make more disciples. Let’s look at the disciples' response.

What were Simon and Andrew doing in verse 16?



Circle the first two words that Jesus said to them in verse 17.

Underline what they did in verse 18.

When did they do it?

Simon and Andrew were just living their normal lives when Jesus came by and called them to follow Him. Their response was right, and that was the beginning of their changed lives!

If you, for the very first time, feel God calling you to follow Him, respond with an immediate “Yes!” You will gain eternity with Him and a place in the family of God. A relationship with Him and a journey that brings true joy!



If you are already a follower of Jesus, you can grow in joy as you draw nearer to Him and take on the same selfless humility as Christ. How will you respond today? What will you do differently because of this week’s devotional?



Family Time

Main Idea:

Humility



Key Verse: Philippians 2:5-11

⁵ Adopt the same attitude as that of Christ Jesus, ⁶ who, existing in the form of God, did not consider equality with God as something to be exploited. ⁷ Instead he emptied himself by assuming the form of a servant, taking on the likeness of humanity. And when he had come as a man, ⁸ he humbled himself by becoming obedient to the point of death—even to death on a cross. ⁹ For this reason God highly exalted him and gave him the name that is above every name, ¹⁰ so that at the name of Jesus every knee will bow—in heaven and on earth and under the earth—¹¹ and every tongue will confess that Jesus Christ is Lord, to the glory of God the Father.



Talk About It:

Before Jesus was born in Bethlehem, he had lived in heaven as God the Son with his Father. The Son was fully and completely God, just like His Father. But the Son of God did not stay in heaven, for the Father gave Him a job that required a huge sacrifice. He asked His Son to put aside His glory in heaven to go to earth and die a painful death as a man. The Son of God said yes to his Father and was born as Jesus in a smelly stable, leaving the glories of heaven behind.

As a baby, Jesus was unable to care for Himself and had to depend on his mom and dad like any other human baby. God the Son, all-powerful and full of glory, humbled himself to become a baby who couldn't even take care of Himself.

Jesus could have stayed in heaven and held onto His glory, but He became a servant and gave up His glory so that one day He could die for us.



Ask:

What does it mean to be humble?

What did Jesus do to humble himself?

What did Jesus give up when He became the baby Jesus?

How can we follow Jesus' example of humility?

Pray:

Dear God, thank you for giving up your position in heaven to die for us on the cross. Help us to change our hearts and be more willing to give up things for others. Amen.

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