

**God Time Day 1: Jesus is the Light**



Light. It's such an integral part of our Christmas celebrations. A star on the Christmas tree, the flames of advent candles, or a string of bulbs that decorate houses— in the cold, dark days of winter gloom, Christmas lights twinkle, merry and bright. These all serve as reminders of how much beauty and warmth a little light can bring. Light is beautiful, but also necessary; we need it for safety, protection, and guidance.

The Bible tells us that Jesus is the light of the world. Because of Him, we don't have to walk in spiritual darkness. Through a trusting belief in Him, we can have light— the light called "eternal life."



Read John 1:4.

*In him [Jesus] was life, and the life was the light of men.*

What lights have you seen lately? (E.g., stars, candles, bulbs, etc.) Make a point to use them as reminders to thank God for sending Jesus, the light of the world.

Spend time thanking Him now.

**God Time Day 2 - The Light Shines in the Darkness**



Read John 1:5.

*The light shines in the darkness, and the darkness has not overcome it.*

Did you know that you can see a flame from a single candle 1.6 miles away without the aid of binoculars? With a pair of binoculars, that flame can be seen from 10 miles away. The only real stipulation is that the light needs to shine in the darkness. Darkness can't overpower the light, but the light can certainly expel darkness!

Our world is spiritually dark, but it is no match for Jesus! The darkness cannot overpower Him. How does that fact reassure you today?

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If you haven't already, consider memorizing John 1:1-5.

**God Time Day 3 - Point to the Light**



Read John 1:9-12.

*<sup>9</sup>The true light that gives light to everyone was coming into the world. <sup>10</sup>He was in the world, and the world was created through him, and yet the world did not recognize him. <sup>11</sup>He came to his own, and his own people did not receive him. <sup>12</sup>But to all who did receive him, he gave them the right to be children of God, to those who believe in his name.*



In verse 9, circle who the true light gives light to.

In verse 10, underline what was created through the true light.

In verse 11, put a box around what His own did not do.



In verse 12, circle what Jesus will give to those who believe.

Read John 8:12.

*Jesus spoke to them again: "I am the light of the world. Anyone who follows me will never walk in the darkness but will have the light of life."*



Read Philippians 2:15.

*... so that you may be blameless and pure, children of God who are faultless in a crooked and perverted generation, among whom you shine like stars in the world...*

When we put all those passages together, we see this:

**Jesus is the true light who gives light to everyone.**

Sadly, some will reject the light. Others will accept it by believing in Him and will never have to walk in spiritual darkness again! (Oh, what joy!)

When we walk in His spiritual light, we then can shine bright too – pointing others to Him.

Who will you share the Light with today? Plan and do it!

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## God Time Day 4 - Jesus is the Life



Not only is Jesus the Word, the Lamb of God, and the Light, but He is also the Life. But what does that mean exactly? We've already touched on it, but the fact that Jesus is the Word, Lamb, and Light all reveal what He came to the earth to do: to give eternal life.



Circle all occurrences of the word "life" or "live" in these verses:



John 1:4

*In him [Jesus] was life, and the life was the light of men.*

John 10:10

*A thief comes only to steal and kill and destroy. I [Jesus] have come so that they may have life and have it in abundance.*

John 11:25

*Jesus said to her, "I am the resurrection and the life. The one who believes in me, even if he dies, will live."*



John 14:19

*In a little while the world will no longer see me, but you will see me. Because I [Jesus] live, you will live too.*

Jesus is *life* because He is fully God. When Father God created, He did so through His *Word* (who is the Word? See Week 1). He then breathed life into humankind by the power of His Spirit. Thus, Jesus has the power to give life, lay down His life, and resurrect life. And not only does Jesus have the power to do all of that physically, but He has the ability to breathe into us spiritual, eternal life. (John 3:16).

This Christmas season, take a breath and slow down. Grab a separate piece of paper and write a prayer to the Father, thanking Him for sending Jesus to give you eternal life.



## God Time Day 5 - Do You Have Life?



Read John 1:12-13.

*<sup>12</sup>But to all who did receive him, he gave them the right to be children of God, to those who believe in his name <sup>13</sup>who were born, not of natural descent, or of the will of the flesh, or of the will of man, but of God.*

In verse 12 above, underline the two rhyming words that describe the type of people who Jesus gave the right to be God's children (*all who did \_\_\_\_\_, and those who \_\_\_\_\_*).



In verse 13, circle whose *will* these children were born by.

Yes! A person is born into a new life when they receive Jesus and believe in His name (trust Him for salvation). A person can make the decision to do this, but the mysterious process of this new birth actually happens by God. (Verse 13 explains that this birth does not result from human passions or desire; it's all done by God.)



Read John 14:6.

*Jesus told him, "I am the way, the truth, and the life. No one comes to the Father except through me."*

When sin originally entered the world, it broke humanity's relationship with God, separating us from Him. The only way back is through belief in His Son, Jesus. This is why Jesus came to earth, was born in Bethlehem, laid in a manger, lived a sinless life, demonstrated godly love, gave Himself on the cross, bled for our sins, and rose again, defeating death. It was all a plan to restore the relationship with God that humanity had lost.

The question is: have you received and believed in Jesus so that you are in a restored relationship with God?

- If so, celebrate His coming by listening and worshipping along to *Joy to the World*. After you've listened, put the hymn into your own words, and then share the message with others.
- If not, do it today and share your newfound joy!

