

God Time Day 1: Where Is Your Treasure?



Read Matthew 6:19-21

¹⁹Don't store up for yourselves treasures on earth, where moth and rust destroy and where thieves break in and steal. ²⁰But store up for yourselves treasures in heaven, where neither moth nor rust destroys, and where thieves don't break in and steal. ²¹For where your treasure is, there your heart will be also.



In the verses above, Jesus continues His teaching in the Sermon on the Mount. Where does He say to store up treasure? Why?

Jesus is reminding us that this world is temporary and that spiritual things are more important than earthly things. How would you rate yourself on where you place the importance of spiritual treasure (1 low, 10 high)?

1 2 3 4 5 6 7 8 9 10

What you treasure most is important! It shows the condition of your heart. When you seek what's important to God (loving Him, loving others, sharing Him, etc.), you are proving by your actions what your heart values most.



What "treasures" of this world distract you from Jesus?

What can you do today to set those distractions aside?



What action(s) will you take to focus on Jesus? (Pray, worship, recite Scripture, talk about Him with others, etc.)

God Time Day 2 - Walk in the Light



It may seem to be an obvious statement, but if your eyes work properly, you can see. If they don't? You can't.



Read Matthew 6:22-24

²²The eye is the lamp of the body. If your eye is healthy, your whole body will be full of light. ²³But if your eye is bad, your whole body will be full of darkness. So if the light within you is darkness, how deep is that darkness! ²⁴No one can serve two masters, since either he will hate one and love the other, or he will be devoted to one and despise the other. You cannot serve both God and money.

Underline "your whole body will be full of light" and "your whole body will be full of darkness."

In ancient times, it was thought that a healthy, working eye had a light of its own that shined out so that a person could see. Here, Jesus talks about light coming into the body. This was a very unusual (and correct) teaching with additional spiritual implications! What we focus on (who or what we worship) will "come in" and either fill us with light or darkness. When we worship Jesus, we're full of light and can walk in it.

Bible scholars say that the word "healthy" can also mean "generous" and the word "bad" can also mean "stingy." Jesus used these double meanings to tell us what walking in the light looks like: when we are filled with Jesus, we'll be spiritually healthy and generous with Him and others.



How does this concept relate to verse 24 and to verses 19-21 that we read yesterday?

Are you filled with Jesus, walking in the light? If so, share Jesus so someone else can walk in the light, too!

Do you have a "bad eye" that has been blind to sin? Cry out to Jesus and ask Him to flood you with His marvelous light!



To talk to someone about this, contact the CBC office.

God Time Day 3 - In the Light: Be Satisfied



Read Matthew 6:25

Therefore I tell you: Don't worry about your life, what you will eat or what you will drink; or about your body, what you will wear. Isn't life more than food and the body more than clothing?

Put a box around the words "Don't worry."

Compare the worries of Jesus' day (above) and those today.

1 st Century – Matthew 6:25	Today

Whether 1st Century or 2022, having more will not relieve stress. Jesus teaches that worry is relieved by being satisfied.



Write down your three biggest worries. Give them to God in prayer. Put an X over them and write "Be satisfied" above it.

- _____
- _____
- _____

God Time Day 4 - In the Light: Don't Worry



Read Matthew 6:33-34

³³But seek first the kingdom of God and his righteousness, and all these things [your needs] will be provided for you. ³⁴Therefore don't worry about tomorrow, because tomorrow will worry about itself. Each day has enough trouble of its own.



Circle the words "don't worry" in verse 34

Underline anything that stands out to you.



In verse 33 above, what are we told to do?

Put a box around the result of that.

Choose not to worry today, and if you know someone who worries, intentionally point them to God. CBCFamily.net/go2

God Time Day 5 - Seek First



Reread Matthew 6:33

But seek first the kingdom of God and his righteousness, and all these things [your needs] will be provided for you.



What do you think it means to "seek first the kingdom of God?"

The kingdom of God is a major theme of the Bible. God is the rightful, ultimate King whether we submit to Him or not. However, He wants to be the King of our hearts. We have a choice to claim Him as our King or to reject Him. When we claim Him as King, it means that we should submit to His leadership. This is what Jesus was talking about in verse 33 above. When we seek what matters to Him (sharing the Gospel, loving those who don't love us, etc.) then we can trust that our wise, good, and loving King will take excellent, eternal care of those in His kingdom. (Even when life doesn't seem to be going our way.)

We can seek God's kingdom first in many ways. How would you rate yourself in each area below (1 low, 10 high) and what will you do to improve your score?



- Give God the first of the day. (Daily devotions, etc.)

1 2 3 4 5 6 7 8 9 10

- Give God the first of the week. (Sunday gatherings, etc.)

1 2 3 4 5 6 7 8 9 10



- Give God the first of the month. (Ministry service, serving at church, sponsoring a student, etc.)

1 2 3 4 5 6 7 8 9 10

How might you help someone else score high? Plan to do it. Start an Agape Group or Fireteam: CBCFamily.net/groups