



Group Time

ENCOURAGEMENT 1-on-1 (See last page for directions)

Y / N
 Y / N

LOOK BACK:

Point: *Get your priorities straight: God is first, your spouse* is second. Everything else is after these two.*

(* If you are single, "future spouse" or other close relationships)

- What are you going to stop or start doing?

Question: What does the following statement mean? "Men are from Mars and women are from Venus."

LOOK UP: Watch this week's video on the 4G web page.

Recap: Last week we talked about protecting our two priorities. This week we are looking at the pursuit of priority "two," our spouse. To gain something we don't have requires pursuit. Be it a trophy, a contract, or a lifestyle, it takes intentionality to attain these. But unlike a trophy, a great marriage is more like the pursuit of a dynasty – it takes continual work, but it's worth it!

Intentions are good, but actions speak volumes. To close the gap between the two here are three practical practices:

1. When you think of something good to say, say it.
2. When you think of something special to do, do it.
3. When you want something different, be it yourself.

LOOK IN: Discussion

- Share a personal experience of receiving a seemingly small word of encouragement that made a big impact on your life.
- What has it meant for you to be on the receiving end of an unprovoked, yet intentional, act of kindness? (Are the responses different for men verses women?)

LOOK FORWARD: Application

Point: *Pursuit requires intentionality.*

Take A Vow Of Pursuit

Write this vow down on another card and keep it with the first card where you will see it – in your Bible, on your bathroom mirror, taped to the coffee maker, whatever will work for you.

I promise I will always PURSUE my TWO.

- List five things you appreciate about your spouse:

1. _____
2. _____
3. _____
4. _____
5. _____

Tell your spouse these things, one for each weekday this next week (#1 on Monday, #2 on Tuesday, etc.).

- List three things you can do to show you appreciate your spouse:

1. _____
2. _____
3. _____

Spread them out over this next week and DO them.

At the end of the week, have you noticed anything different?

How have these two exercises changed you?
